

Proyecto Alimento II

Success in Food & Nutrition

Proyecto Alimento II, a continuation of a 2005-07 USDA grant award, will again prove beneficial in achieving the objectives and successful outcomes of the 2007-09 project.

Objectives

- **Recruit** Hispanic students into food and nutrition programs in higher education
- **Retain** Hispanic students in higher education programs in food & nutrition
- Increase Hispanic student **Transfer** rates to a university program in nutrition

Beneficiaries

- 12 — \$750 High School Graduate USDA Scholarships
- 12 — \$750 SPC Culinary Arts Student USDA Scholarships
- 12 — \$500 Student Nutrition-Related Internship Stipends
- 1 — \$50,000 USDA Scholarship to attend UIW & complete an undergraduate degree in Nutrition

Evaluation

Evaluation surveys, group briefings and student focus groups are conducted by **Dr. Arturo Vega**, program evaluator. Earlier evaluation efforts have provided a profile of a successful student which will assist in targeting future recruitment efforts and supporting students' needs.

Expected Impact

- Proyecto Alimento has already broadened students' perspectives about food-related careers
- Higher educational attainment of Hispanic students in the field of nutrition

Current Successes:

- 42 students have participated in various project activities
 - 6 students have graduated from SPC
- 23 students are continuing their studies at SPC in Fall 2007
 - 1 student transfer to UIW in Fall 2007

Future Successes:

All student recruitment, retention and transfer rates are expected to increase, as well as student participation in activities based at SPC and UIW, throughout the next 2 years.

Award Number: 2007-38422-18034

Award Amount: \$275,000

St. Philip's College*
& University of the Incarnate Word

USDA Strategic Goal #5:
Improve the Nation's Nutrition & Health
CSREES-HSI Project

St. Philip's College (SPC)
Mary Kunz, MS, RD, LD

Project Director & Chair of the Tourism, Hospitality & Culinary Arts Department

University of the Incarnate Word (UIW)

Dr. Neeta Singh

Co-Project Director
 & Associate Professor of Nutrition

*St. Philip's College, one of the Alamo Community Colleges, is the only nationally designated Hispanic-Serving Institution and Historically Black College and University.

Autumn Menu
 Cream of Cauliflower Soup
 Spinach Salad & Pomegranate Vinaigrette
 Chicken in Pumpkin Seed Sauce
 Roasted Winter Vegetables
 Barley Risotto
 Herb & Wheat Cloverleaf Rolls
 Sweet Pumpkin Roulade

Proyecto Alimento Activities

- **"The Cutting Edge"**—UIW conducts special classes in the Food Science Lab.
- Proyecto Alimento new student orientation—mentoring by first year students
- **"Adopt a Girl Scout"**—assisting the Girl Scouts of America obtain their Nutrition Badge by teaching nutrition, sanitation, safety, food preparation, cooking, nutritional analysis, plating and serving
- Conduct SURLEAN, SYSCO, FOOD BANK and HEB Headquarters tours and meet with company Nutritionists
- Professional Occupational Speakers-USDA Liaison **"Your Direct Link to Nutrition Jobs & How to Apply."**
- Local High School outreach and cooking programs.
- Professional Development for St. Philip's College and University of the Incarnate Word faculty
- **"Share It"** sessions to discuss program objectives, challenges, successes and outcomes, held by SPC Project Director and Department Chair—Mary Kunz.
- **"Meet Your Nutrition Family"**—An evening meal with Proyecto Alimento students and family members
- The Hunger Banquet, **"World Food Day"**—Proyecto Alimento students serving, monitoring and cooking
- Attendance by Proyecto Alimento students at local and state conferences—learn about employment opportunities, community service, scholarship programs
- Professional student memberships in the Texas Chef's Association, American Culinary Federation and San Antonio Dietetic Association



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